A Community Recollection and Songwriting Project

April 30, 2017







WATER IS OUR ANCIENT SONG

Celia Dunnington, Benn Dunnington, and Kelsi Vanada arr. Jean Littlejohn

Ten thousand lakes and an old farm pond The creek that runs down behind the barn Mighty rivers fall to the rocks below The ocean tides and the undertow

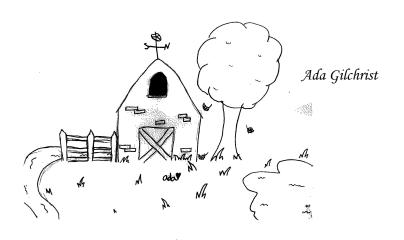
Birch canoe sliding through the reeds Blue herons fishing among the weeds Bright reflections beneath the moon The haunting cry of the common loon

These are the waters that I hold dear Blue, green, brown, or clear Water is our ancient song Giving life to everyone

Grandpa's ranch on the northern plain The livestock suffer when there's no rain Winter came and there was no snow Where did the plenty of water go?

Wash the car and soak the grass We didn't think it wouldn't last Will our children pay the price? With rising oceans and melting ice

But what on Earth have we done? What if the water were gone?







HOW CAN IT BE BOTH?

words: Miles Call

music: Lynn Partridge

arr. Nicole Upchurch, Jean Littlejohn, and Tara McGoverN

It is a roar, it is a whisper It is a whisper, it is a roar How can it be both?

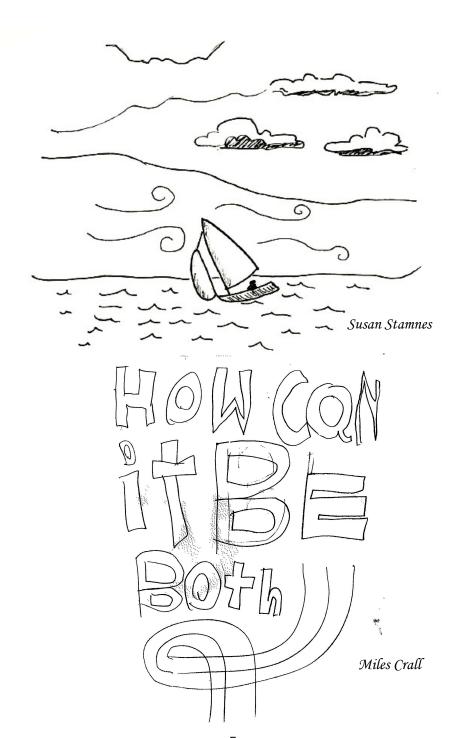
It is calm, it is wild It is wild, it is calm How can it be both?

This is wind
It is wind
Is it the wind?
It is
It's strong, it's powerful
It's mystical, it's alive
This is the wind, this is the wind
This is the wind in my life

It is known, it is a mystery It is a mystery, it is known How can it be both?

Good when it's soft, sends me aloft Harsh when it's cold and strong

It is magical, it is mundane It is mundane, it is magical How can it be both?



LOOKING BACK, LOOKING FORWARD

Tina Adino, Libby Conley, Maura Cook, Pat Goeldner, AmyRuth McGraw, and Sara Newhart arr. Sarah Cram, Marcy Rosenbaum, Nicole Upchurch, and Jean Littlejohn

Looking back
Looking forward
I am younger
Now so much older
Dreams fulfilled and changed
and some that I've let go
Looking back
Looking forward

I am growing
Now so much stronger

Memories, wishes, and life lessons learned over and over

The lake would shine and glisten When we dove in deep, we could listen to our heartbeats and the peace underneath Our ears would pop And long sun-shining days would never stop

Lulu Roarick

I dove under the covers My dad said, "Where's your sense of wonder?" as lightning flashed across the sky Storms will come and go Sometimes you walk in the rain if you want to grow

Splashing in puddles Try not to get too wet! Stop and look down, what do you see? What do I see?

A LIE IS A LIE

Aprille Clarke, Amy Dobrian, Ed Flaherty, Matt Gilchrist, Mike Partridge, and Claire Sauder arr. Jean Littlejohn

"Refugees are terrorists! Immigrants commit crimes!" Does this sound familiar? We've heard it many times A tyrant and his cronies want to make us insecure But we won't be distracted our conscience will endure

Pull us apart, twist our heads Treat us as shallow, feed us meds The lies are just distractions to divide us into factions

But the truth is what unites us You can see it in our actions

GP B B M

Massacre

Because a lie is a lie no matter how much you tell it A lie is a lie no matter how hard you sell it A lie is a lie no matter how much you repeat it The truth is on our side: they will never defeat it

Identify the lies and refute them twice as often as they're told A vein of truth is more precious than a tower made of gold No One!

Bridge: The Ballad of Bowling Green

Come hear the sad tale of Bowling Green destruction the likes of which we've never seen The bloodshed, the horror, the violence, the fear the footsteps of murders as they drew near We could have prevented that terrible day but since we were soft, they sailed away to continue their sowing of terrorist seeds And now we all suffer from these awful deeds O never forget dear Bowling Green Feel hate in your heart and your head and your spleen

For seven foul terrorists each took an axe and massacred . . . **NO ONE** These are alternative facts!

A sense of false security based on hating others We're touched by better angels urging love, sisters and brothers



A FOREVER HOME

Greta Boerner, Stella Demarest, Wendy Levy, Lulu Roarick, Alia Sabha, Joanna Sabha, Neda Sabha, Katie Senn, Susan Stamnes, Keygan Trana, and Waelyn Upchurch arr. the Awful Purdies, Tara McGovern, and Jean Littlejohn

All alone in the big, big world Looking for something lost, unknown Kids are grown, all alone Waitin' for a critter to make me whole

All alone in the big, big world Looking for something lost, unknown Needing someone to love and care Sometimes life is so unfair

I have a wish; please make it true Someone to love, a love that's new

I wander through these quiet rooms yearning for someone to call to I ramble through the brambles howling a tune searching for a forever home

Sizzling bacon on the stove
Cheese? Peanut butter? Ice cream?
Delicious smells wafting to and fro
Cheese! Peanut butter! Ice cream!
Enticing a hungry scratch at the door
Who was there? It was someone to adore

At last, a home with devotion and care Full bowl, warm bed, fresh water A wonderful someone who's always there My forever home

I had a wish; you made it come true Someone to love, a love that's new

I found my critter
I found my home
I have all I need now
I'll never roam
I found my someone to love and care and
Cheese! Peanut butter! Ice cream!
A life of love and joy (and treats!) to share



Susan Stamnes

WE ARE CHANGE

Ada Gilchrist, Dave Larew, Perry Lenz, Jean Littlejohn, YiYing McGraw, Erin Partridge, Katie Roche, and Claire Sauder arr. Jean Littlejohn

We are daughters of the witches that they could not burn We are sons of the families that they interned We are descendents of the slaves who broke through their chains

We are survivors, we're the future, we are change

If they build a wall, we'll tear it down We are survivors, we're the future, we are change

We are protectors of the earth We are voices raised in hope We are keepers of the peace We are not free until we're all free We sing out for peace sing out for hope We are survivors we're the future we are change They Build a woll... Sophia Wagner

WASN'T THAT A TIME?

Lee Hays and Walter Lowenfels New verses by Rebecca Littlejohn, Minta Colburn, and Jean Littlejohn Arr. Jean Littlejohn, via the Weavers and Jefferson Airplane

Our fathers bled at Valley Forge the snow was red with blood Their faith was warn at Valley Forge Their faith was brotherhood

Wasn't that a time, wasn't that a time? A time to try our very souls Wasn't that a terrible time?

Neighbors with fam'ly from Japan were pulled from home and store Behind barbed wire they endured and now, cry "Nevermore!"

Informers in McCarthy's day They told their sorry tales The gangs in Congress had their way and free souls went to jail

They marched from Selma to D.C. alongside Dr. King Black lives are on the line today and so, we stand, and sing

Fairness for women and for girls Would do a world of good They've always held up half the sky We sing for sisterhood

From shadows of abuse and shame to Stonewall and the courts Equality is our to claim Our love dares speak its name

When tyrants rise, "They shall not pass!" We cry, "¡No pasarán!" Safe in this nation we have made no one shall be afraid

Our souls cry out, "We have no fear!" We dare to reach our hand to other neighbors, far and near to friends in ev'ry land

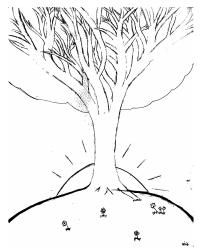
THE SINGLE TREE

Alice Boerner, Callista Robertson, Susan Spears, and Donna Valiga arr. Nicole Upchurch and Jean Littlejohn

I've waded rivers, climbed the rocks I've sought the clouds, envied the sky Picked prairie flowers and woven a crown But the single tree caught my eye But it was the single tree caught my eye

My spring tree is tender and new watching, sharing, young and alive Humble leaves and branches few Inferior now, but soon to thrive I gain fresh knowledge from her heart Day and night, a work of art

My summer tree is green and lush
I yearn to climb her branches still
In dappled shade are treasures found
Majestic timeless sentinel
Life depends on her pure, clean air
Breathe deep, branch out in nature's prayer



YiYing McGraw

My autumn tree is tall and proud Crimson, orange, gold, and brown As I grab each branch, upward bound I feel the harsh, frigid air Then suddenly fall's change occurs And vibrant hues soon disappear

My winter tree is stark and iced Arrayed in nature's sparkling grip My friend, my confidant, my soul Secrets carved in each wood chip Rooted well but willing to bend Her history circled within

I love my tree, my forest, my Earth In all their glory from death to birth



Susan Stamnes

RIBBON OF ROAD

Benn Dunnington (with Celia Dunnington) arr. Jean Littlejohn

Bought my first bike back in sixty-seven Heart so young with that motor revvin' Even Hell's Angels find a little bit of heaven out on this ribbon of road I've got my face shield up and I'm feelin' the breeze

I got the Kevlar armor on my elbows and knees 'cause you never know what's coming out of the trees

Out on this ribbon of road

Out here on this winding ribbon
The slate is clean and the choice is given
Worry 'bout dyin' or grin 'cause you're livin'
Start up your motor and ride
Just get on your motor and ride

I cleaned up my life but at what cost the road was straight but the thrill was lost Forty years walkin' now I'm flyin' again Out on this ribbon of road

I ride an "oil-head boxer," naked and lean Prettiest thing that I've ever seen

except for the woman who knew I should be

out on this ribbon of road

When I feel like I might explode
I get on out to that ribbon of road
Clears my head and lightens my load
And I don't care if the lawn gets mowed
I don't care if the lawn gets mowed

Got the G.P.S. and the screen is glowin'
Tellin' me where I think I'm goin'
but you never really know, 'cause there's no way of knowin'

Out on this ribbon of road



Benn Dunnington

Susan Stamnes

THE JOY OF GROWING UP

Evelyn Endris, Pat Goeldner, Jerry Partridge, and Ben Sauder Sarah Cram, Jean Littlejohn, Marcy Rosenbaum, Claire Sauder, and Nicole Upchurch arr. Jean Littlejohn

I remember how it felt when I was still a child Outside was adventure, running free and wild Make as much noise as you want and no one really cared Walk to places by yourself and nobody got scared

Recalling childhood life, there are things I dearly miss Like dancing on the gym floor and first time I was kissed Now Music was my favorite class, I loved to sing and dance But you have to wear a nice, full skirt You just can't twirl in pants

Phonographs and radios to 8-tracks and cassettes
And now CDs and MP3s; the more things change, and yet
I lost some friends, my heart got broke, sometimes I finished last
But now I'm grown, the time has flown
It's all gone by so fast!

I remember how it felt when I was just a yoof On the first day at my school, I finally lost my toof Instead of dancing, we learned soccer, bowling, and kickball But for hanging on the monkey bars, pants work best of all!

When school was out and summer came, we always hit the road Coolers, kids, and sleeping bags were only half the load In station wagons or mini-vans we traveled near and far "You crossed the line!"

"Are we there yet?"

"Don't make me stop this car!"

WE THE PEOPLE (SING OUR STORIES)

Hazel Mae Boerner, Glenda Buenger, Adelaide Capps, Jeff Capps, Katie Gandhi Susan Henke, Carol Howard, Denise Kanne, Craig "Pappy" Klocke, Jean Littlejohn Joan O'Kones, Reed Renneckar, Thia Rolfes, Marcy Rosenbaum, and Michael Sauder arr. Jean Littlejohn

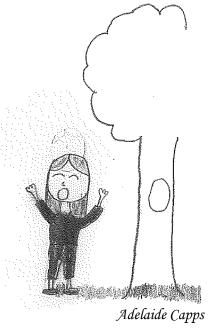
I'm renewed, alive again Music takes me there Breathe it out, breathe it in I need it just like air

Songs tell stories we cannot say Reveal our feelings in sound Pick us up and show the way Give no mind to being down

We, the people, sing our stories We, the people, bring our songs We, the people, join our voices We, the people, sing out strong

Music is the thread that binds Brings us joy when we fall apart We're more alike than we thought we'd find Feel the spark between our hearts

Music shows us where we've been Here today, on and on Each generation, sing again You can't destroy the song!



Wasn't That a Time: A Community Recollection and Songwriting Project has been supported by a major grant from the Iowa Arts Council, with additional funding from the University of Iowa Community Credit Union and the Iowa City/Johnson County Senior Center. The project has had three phases: a story-gathering phase last fall, a songwriting phase this winter, and a performance phase this spring of which today's concert is a part. You can read our stories and songwriting reflections at time.familyfolkmachine.org.

The Family Folk Machine has learned and grown so much through our collaboration with the Awful Purdies on this project. The Awful Purdies taught us how to conduct Story Circles and led us through the songwriting process. They have been superb teachers and coperformers. The FFM is looking forward to performing our workshop songs with the Awful Purdies at the Iowa Arts Fest on Saturday, June 3, at 1 p.m. on the main stage.

Before we began this process, most of us didn't know how to write songs, and many of us didn't really believe that songwriting could be successfully accomplished by a group. We were all surprised by what we were able to accomplish. We hope you enjoy hearing our new songs as much as we have enjoyed creating and performing them.

Many, many thanks to...

The Awful Purdies: Sarah Cram, Katie Roche, Marcy Rosenbaum, Katie Senn, and Nicole Upchurch

Emily Light Edrington for all her work on the IAC grant application and management

Benn Dunnington for formatting the lyrics booklet and Nora Boerner for formatting the program

Susan Stamnes for outfitting our "Forever Home" critters
All the Folk Machinists whose extra volunteer efforts keep the
Machine running smoothly.